

NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA

DEC 10 1997

This notification is being filed on behalf of The Traveling Herbalist which is the manufacturer of the product(s) which bear the statements identified in this notification. Its business address is: 6168 Olson Memorial Highway, Golden Valley, MN 55422. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. 101.93. The dietary supplement product, the label of which contains these statements, is Valerian

The text of each structure function statement for which notification is now being given is as follows:

**Statement 1: Promotes relaxation & restful sleep**

The following summary identifies the dietary ingredients(s) or supplement(s) for which a statement has been made:

<u>Statement No:</u>	<u>Identity of Dietary Ingredient(s) for Which Each Statement Is Made</u>
1	Certified organic Valerian (Valeriana officinalis) root

I, Mark Sigel, am authorized to certify this notification on behalf of The Traveling Herbalist. I certify that the information presented and contained in this Notification is complete and accurate, that The Traveling Herbalist has substantiation that each statement is truthful and not misleading.

Date Signed: DECEMBER 2, 1997 By: Mark Sigel Vice-President  
[Name]  
[Title]

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